

# FREE ONLINE PARENT EDUCATION

## YoMingo—An App for your Smartphone or Tablet

### YoMingo Gives You:

- Evidence-based information on prenatal care, labor & birth, postpartum, breastfeeding, and newborn care including lots of videos!
- Information specific to your arrival and stay at Coulee Medical Center.
- Kick counter, contraction timer, personal journal, feeding log, immunization log, and other tools.

### Learn About Childbirth,

Newborn care and more, right from your phone or tablet!

Coulee Medical Center offers anytime, anywhere parent education powered by YoMingo, an education program designed to give you convenient access to valuable information. It includes the tools and support you need at every stage.

### Register Online Now

This education powered by YoMingo is available on any device with an internet connection and comes in multiple languages.

Register for the program with Coulee Medical Center by emailing our Program Director

**Sandy Stone :** [stonesl2@cmccares.org](mailto:stonesl2@cmccares.org)

In your email include the following:

- First & Last Name
- Email & Phone Number
- Place of Birth & Expected Due Date

Then download the App from the app store or in google play on your smartphone or tablet. Search

Once you have registered, you will receive an email invitation from [noreply@myyomingo.com](mailto:noreply@myyomingo.com) where you can create a unique password and login.

*“What we created is a platform where a patient can have access to educational content as distributed by their healthcare provider. It’s interactive among users. Think of it the same way you do Facebook.”*

*-Heather Noack  
YoMingo Co-Creator*



Let Coulee Medical Center & YoMingo help make your journey into parenthood an educational experience. We hope to see you soon.

*Disclaimer: The information in YoMingo is NOT intended to take the place of a healthcare provider or any information that your healthcare provider has discussed with you about your own personal health. It is imperative and advised that you find care and work with your healthcare provider to keep yourself healthy and safe. Always call your healthcare provider with any questions you may have. By creating an account in YoMingo, you have verified that you have read and agree to this disclaimer.*